

SOCIAL CONNECTION



FEELING LONELY AND ISOLATED DURING COVID-19?

WOULD YOU LIKE SOMEONE TO CHAT WITH AND SUPPORT YOU TO TRY **SOMETHING NEW?**

SOMEBODY TO CONNECT YOU TO ACTIVITIES AND SHARE WELLBEING IDEAS?



WE COULD MATCH YOU WITH ONE OF OUR FRIENDLY **VOLUNTEERS FOR REGULAR CONTACT AND OPTIONAL** FACE-TO-FACE MEET UPS ONCE RESTRICTIONS END. **ALL YOU NEED IS:**



A WILLINGNESS TO SPEAK TO **SOMEONE NEW**



A MOBILE PHONE

FOR MORE INFORMATION. PLEASE CONTACT SI ON:



07734 694 316



🞇 si.campbell@justlife.org.uk