

Social Connection Feedback event

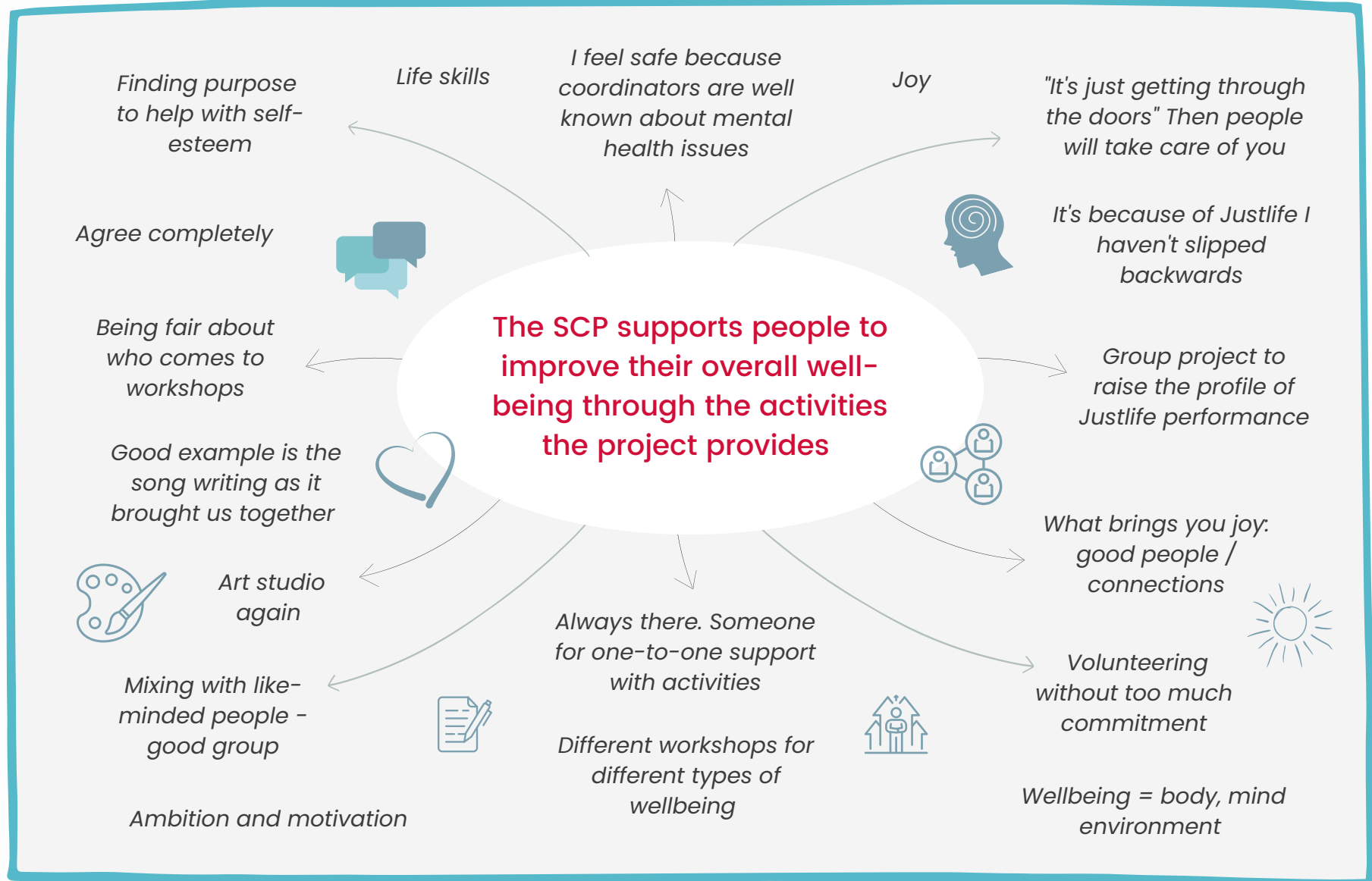
In October 2021, the Social Connections project (SCP) received a grant from Brighton and Hove CC, the grant was intended to support people moving away from homelessness to reconnect with their communities after the COVID-19 pandemic. This grant allowed Justlife to employ, our SCP Activities Coordinator, Naomi. We consulted with people involved with the SCP and asked them what types of activities and workshops they wanted us to organise for them in 2022. Over the past year, we provided various well-being, creative and skills-based workshops including a cookery workshop tailored for people living in temporary accommodation, and songwriting workshops that ended with participants recording a song. SCP people have also been able to go on trips to local places of interest such as Seven Sisters or the historic market town of Lewes, and connect with the arts and culture through trips to the theatre and seeing Coldplay and Wembley.

As we were moving into a new year, we wanted to get feedback from SCP people on the impact the project is having overall, inclusive of the befriending scheme and peer support group, and whether the project met their expectations. We also consulted on what sort of activities and workshops SCP people wanted to get involved in the future. To do this, we organised a second feedback event, where people could go around various themed tables - hosted by SCP volunteers or Justlife staff - and offer their feedback about the project and share their activities and workshop ideas to create a roadmap for the future. The following diagrams compile people's feedback and activities and workshop ideas and include SCP people's well-being ideas.

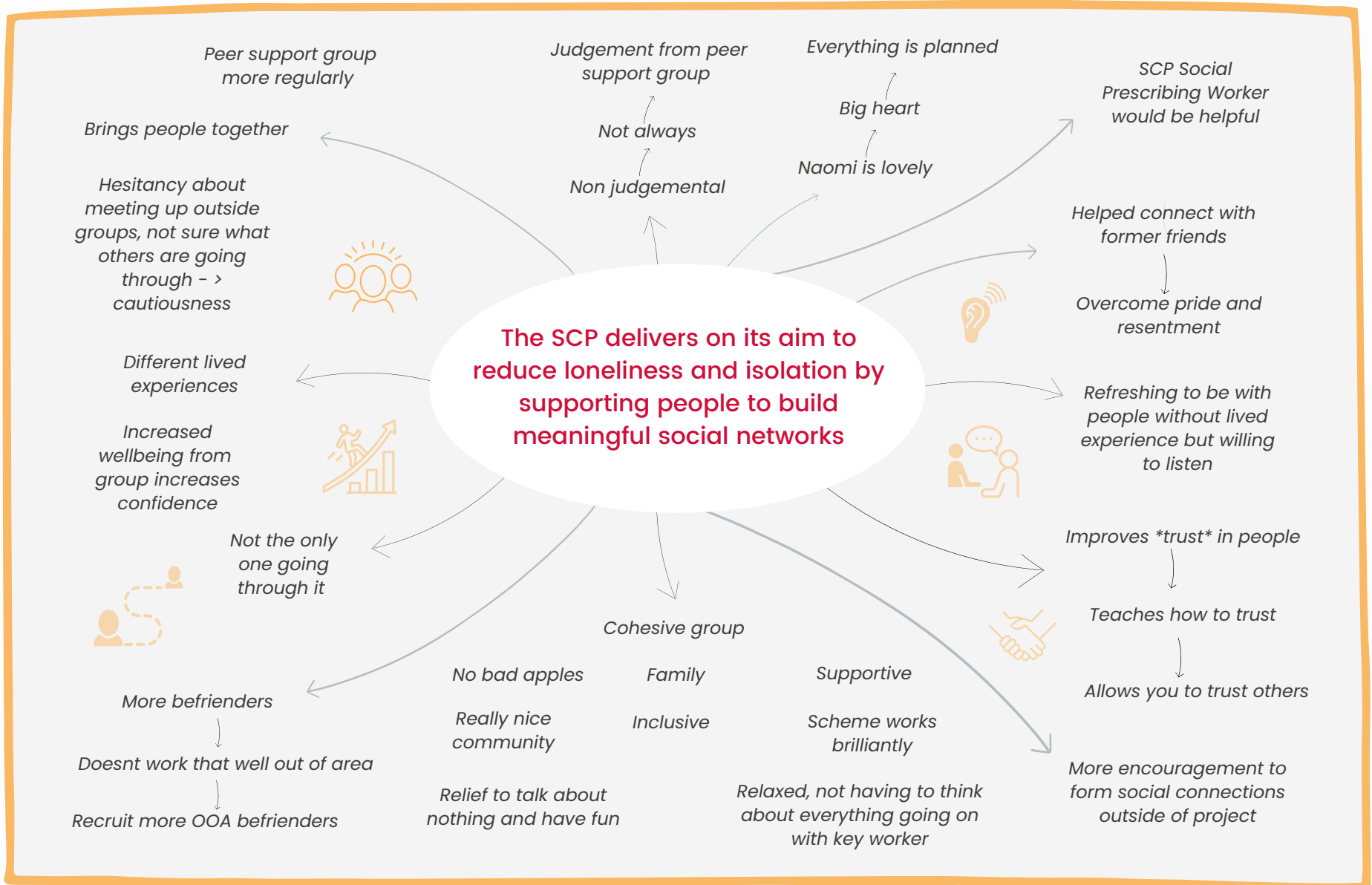
In this document, we have also compiled ideas gathered from feedback forms completed by SCP people in July/August 2022.



Do the SCP activities help improve wellbeing?



Does SCP help reduce loneliness and build social networks?



How do you find working with the SCP coordinators?

The project coordinators are easily contactable and approachable. They listen and work collaboratively with people to access the project.

Si always makes me laugh + is cheerful, which is important when talking about difficult topics

Easily contactable + welcoming

Suitable activities to do you can chose what activities you want to do



Very approachable + helpful, they always listen

Anonimity in photos, quotes, public facing?

Very welcoming and friendly

Even just a coffee or a walk, need to make sure things are regular to maintain network

Would be good to ensure food options provided e.g. vegan, gluten free

Easy to communicate to project coordinators

They make it accessible to everyone, for example booking a quiet room for those who need it

If activities are difficult, you don't have to do them

Easily contactable + welcoming

Very approachable and helpful, they always listen



Good to have safe space can sometimes be tricky in coffee shops, would be good to have a private meeting space



Was great when Si met me outside on my first session



Easily personally contactable, great compassion and understanding

Very person-centred communications. They work around you

I feel the project can be life-changing



All of it is so fantastic

My befriender always replies to my texts + calls

Really quick to refer into other services e.g. Health Engagement, so that is a good example of listening, rare to get something so quickly

Yes definitely agree

Having a quiet space in all activities would be really helpful

Yes

Pre-planned
Enough time to decide

Could be more trauma informed of triggers

Client needs:
Good awareness

-> Friendly
-> Supportive
-> Wellbeing

They come back to you very quickly, very available

"I think they've been great"

Proper safeguarding

Very welcoming and good to ensure using pronouns

This means it is accessible



Groups weren't for me, but the good thing was there were plenty of other things I can get included in

Non-judgemental feel like I can speak about anything + they don't make you do anything

Need ventilation rooms for activities

Wellbeing ideas



Highest priority

2nd highest

3rd highest

Mentioned by
one person

Ideas for creative activities and workshops



Sewing - make item from
scratch/purse/handbag/dress

Cooking - Community Kitchen

Put on a musical -
(ticketed as a
fundraiser for Justlife)

Paddle boarding/
kayaking

Justlife
Woodwork
Clothing
design
3D Printing
Go to See a Musical
Harmonica lessons
Knitting and crochet

Ideas for skills-based activities and workshops



Highest priority
 2nd highest
 3rd highest
 4th highest
 Mentioned by one person

Highest priority

2nd highest

3rd highest

Mentioned by one person

Ideas for wellbeing activities and workshops



Highest priority

2nd highest

Mentioned by
one person

Feedback forms: Ideas for future events

Community Activities Feedback forms

London Trip
(to Bodyworks
exhibition if it is
still on)

Adult
obstacle
course

Cinema
Outings in general
Places to visit
like Westminster
Abbey again

Theatre

**Musical event/
performance**

Swimming

songwriting
Empowerment
More Social Events
Cooking workshop

Bowling

**Picnic in the
park (or Picnic
anywhere!)**

Theatre

Fruit picking

**West End
Performance
(i.e Wicked)**

Walk along
seafront or
Parks

Creative Studio Feedback Forms

Graffiti Art

Clay

Creative Writing

**Photography
(project on
Street life)**

Sewing

Try all sorts of creative activities

Needlework

Crochet

Knitting

Highest priority

2nd highest

Mentioned by
one person